

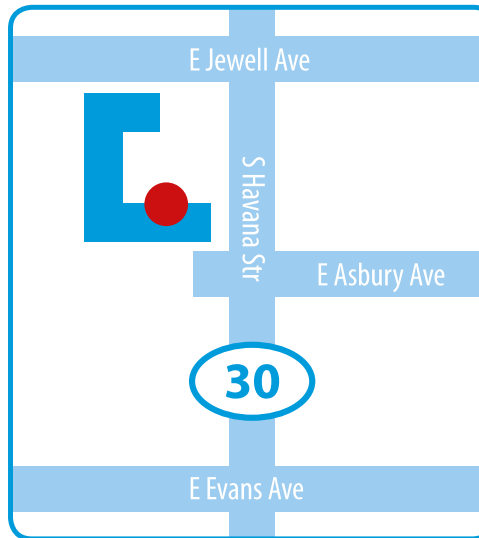
## ABOUT ALPINE ADULT DAY CARE

The Alpine Adult Day Care center is a warm and inviting place for people to gather. We support the needs of disabled or older adults in our community including those who receive Medicaid covered health services.

Our program offers many stimulating activities that add variety and interest to every new day while providing nursing supervision and individual attention in a safe, comfortable environment. The combination of an enjoyable atmosphere and supervision promotes the health and independence of the disabled or older adult.

- **Alpine's services are completely free for Medicaid clients** (under Medicaid's long-term care / HCBS program). We can help you with the application process! And for those who do not qualify for Medicaid or any other insurance plan, we have very affordable private pay rates!
- **Alpine offers you a free trial day** allowing you to experience a full day at our center, including meals, recreation and excursions/trips! You can meet and get to know our wonderful staff and other participants!
- **Alpine has one of the best recreation programs** in the Denver Metro area. We have weekly trips & excursions, monthly birthday parties, cinema, bowling, billiards, brain challenging games, an amateur theater group, on-site nursing and physician consultations and much more. See our monthly program under [www.alpineadulthoodcare.com/alpine-blog](http://www.alpineadulthoodcare.com/alpine-blog).
- **Alpine is Brain Injury certified.** Our staff is specifically trained in caring for patients with traumatic brain injury.
- **Alpine is a proud participant in a USDA sponsored program** and an equal opportunity employer and provider.

Open Mondays through Fridays  
from 8:00am to 4:00pm



## Alpine Adult Day Care, LLC

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# ALPINE ADULT DAY CARE

Extraordinary People | Exceptional Care



## WELCOME TO ALPINE ADULT DAY CARE



### OUR PROGRAM

Staffed by caring professionals and CNAs with experience in dealing with the special needs of adults, the program provides a wide variety of services:

- **Safe, comfortable** and **secure** environment
- Spacious **brand new Aurora facility** with recreational facilities, entertainment rooms, billiards and bright, open space concept
- Nursing **supervision**
- **Medication** administration
- **Health** education
- **Homemade, nutritious** meals and snacks prepared fresh daily in our licensed, restaurant-style kitchen
- Personal and **incontinence** care

- **Stimulating activities** including exercise, music and games / entertainment
- **Coordination** of physical and occupational therapy, as well as nursing services, as requested by your physician
- Specialized programs for those with **Parkinson's disease, stroke, Alzheimer's disease, developmental disability, brain injury** and other conditions
- **Transportation services** to and from site, including shopping trips and excursions
- **Flexibility and devotion** to providing any necessary, specialized care

### HEALTHY AGAIN

As we age, our health needs change. At Alpine, we offer our services to help adults of any age learn the physical, psychological, spiritual and social aspects of healthy aging through your 60's, 70's, 80's and beyond.

A member of our team can provide information about additional services available in your community, including: senior housing options, home delivered services, transportation, respite care services, counseling services and advanced directives as they relate to older adults.

### OUR ACTIVITIES

- **Individual** and **group exercise**
- Therapeutic **recreational activities**
- Mind-memory, **cognitive exercises**
- Guest speakers/entertainment & **recreational excursions**

### WHO IS ELIGIBLE?

This daytime alternative to nursing home and homecare services is for disabled or older adults who want to live at home. Eligible participants are:

- age 18 or over
- diagnosed with a physical or mental impairment
- not aggressive or abusive to others
- in need of daily supervision and may require assistance with transfers and personal care



### OUR CAREGIVER SUPPORT SERVICES

- **Respite care** for caregivers
- **Caregiver consultation** with information about what to expect and resources available to help
- **Home care** services (*upon request*)