

Dear Alpine Homecare Clients!

Please wear your mask!



This complimentary, washable and reusable mask can be worn with or without an additional layer of filtration inserted – such as a folded paper towel. Your caregiver can show you how to insert additional filtration. Wearing a mask whenever anyone visits your home helps protect you and your visitor!

**Wearing a mask when you are
receiving personal care services
protects you and your caregivers!**



Instructions:

- Apply and remove your mask with clean hands.
- Don't touch the front of your mask when removing it – handle by the straps! Wash your hands after removing your mask.
- Wash it often! Store the clean mask in your “CLEAN” bag until you need to wear it. Place your used mask in the “DIRTY” bag for storage until you can get it washed.

Call us at 303-309-6202 if you have any questions
or need more reusable masks.