

Masking Instructions

Putting your mask on:

<p>THE RIGHT WAY TO WEAR</p> 	<p>WASH YOUR HANDS</p> <p>Orient the mask so that the folds face down.</p> <p>Take masks by straps and if possible apply straps first behind one ear or if ties, tie upper straps behind head.</p> <p>Then adjust second strap/ties and then adjust the mask over your face to cover your nose and mouth. Make sure your mask fits snugly to your face and is not slipping down.</p>
--	---

For some of our masks, we have provided you with a hook to use to connect the tie- back straps so you can tie and adjust them just once and then use the hook to put the mask on or take it off easily without having to tie the straps each time.

Adjusting Your Mask:

Wash your hands before and after adjusting your mask. Try not to touch your face while adjusting your mask.

Removing Your Mask

Make sure your “dirty” mask bag is open and ready.

	<p>WASH YOUR HANDS</p> <p>Without touching the front of your mask, pull it off by the strap or undo the ties or hook and drop the mask into the dirty bag. DON'T TOUCH YOUR EYES OR FACE.</p> <p>Then WASH YOUR HANDS AGAIN.</p>
---	---

When and Where to Wear Your Mask

Always wear your mask in the client's home and in public places (stores, pharmacy, bus, doctor's office, etc.) Do gently let your client know that he/she should wear a mask too if he/she can tolerate it, especially when you are providing personal care services.

Wash the mask after every wear or at least after every full day of use. You can insert a fresh, folded paper towel for additional filtration, which you should replace often and remove before washing. Drying on high heat and ironing your mask is highly recommended.

Diligent and correct mask wearing can provide some protection against becoming infected or infecting others with a virus.

Call us at 303-309-6202 if you have any questions or need more reusable masks.